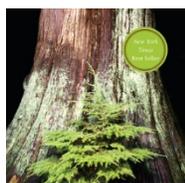


No Pressure Book Group Suggestion List- September 2021

The Waterbury Public Library's *No-Pressure Book Group* meets virtually on the 2nd Thursday of the month. Join us to share what we are reading, trade suggestions, and generally talk books, in a relaxed setting. All are welcome!

Register at: <https://www.waterburypubliclibrary.com/no-pressure-book-group/>

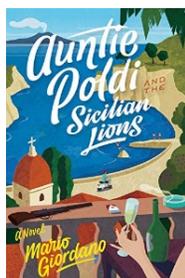
Here's what we were reading and recommending in September...



FINDING THE MOTHER TREE
Discovering the Wisdom of the Forest
SUZANNE SIMARD

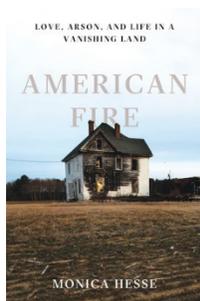
[Finding the Mother Tree](#) by Suzanne Simard

A fascinating dive into understanding how trees communicate, as well as a moving personal memoir.



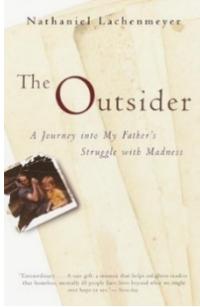
[Auntie Poldi and the Sicilian Lions](#) by Mario Giordano

Auntie Poldie retires to Sicily with the intent of drinking herself to death – but mystery ensues! A fun, light read.



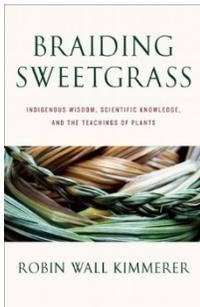
[American Fire: Love, Arson, and Life in a Vanishing Land](#) by Monica Hesse

A dark non-fiction tale of a couple on an arson rampage in rural Virginia.



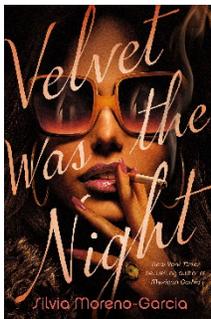
[The Outsider: A Journey into My Father's Struggle with Madness](#) by Nathaniel Lachenmeyer

A book waiting to be ready when the mindset is right. A moving true story of one family's experience of mental illness.



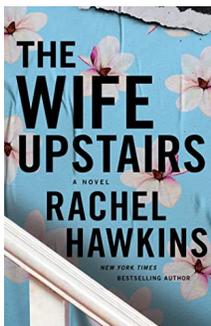
[Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants](#) by Robin Wall Kimmerer

Fast becoming a classic, a botanist and member of the Citizen Potawatomi Nation helps navigate the language of plants. Flying off library shelves!



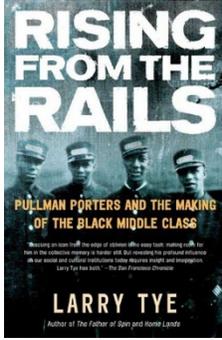
[Velvet Was the Night](#) by Silvia Moreno-Garcia

A modern, Mexican noir by a writer who is comfortable across genres. Her [Mexican Gothic](#) is also the perfect Halloween read!



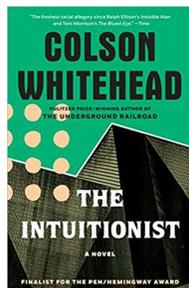
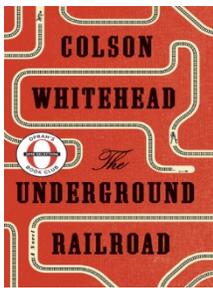
[The Wife Upstairs](#) by Rachel Hawkins

Our reader declared this a perfect beach book – a dramatic, modern retelling of Jane Eyre.



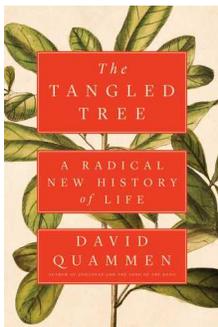
[Rising from the Rails: Pullman Porters and the Making of the Black Middle Class](#) by Larry Tye

Interest sparked by stories at Hildene, our reader found this an eye-opening look into a lesser known piece of Black history.



[The Underground Railroad](#) and [The Intuitionist](#)
by Colson Whitehead

Another writer who can move effortlessly across genres. The Pulitzer Prize-winning *The Underground Railroad* is a moving alternate history, while *The Intuitionist* is a humorous and lovely sci-fi tinged mystery.



[The Tangled Tree: A Radical New History of Life](#) by David Quammen

And we circle on back to the amazing world of trees, evolution and the fascinating people who devote their life to this research.